



2008 Great Team Times



Great Team: Time

Pace Time Run

Runner: Patrick Mc Neil
Public Relations Manager, VSP Vision Care

37:00
2007 Pace: 39:28 Mike Ammon
2006 Pace: 45:05 Meredith Bean
2005 Pace: 44:30 Will Kempton
2004 Pace: 43:22 Dave Lucchetti
2003 Pace: 43:38 Gary Pruitt

Biker: Harold Alves
District Director, Pitney Bowes

34:47 1:11:35
2007 Pace: 30:45 2007: 1:10:13 Blair Robertson
2006 Pace: 36:40 2006: 1:21:37 Stephen Boutin
2005 Pace: 34:16 2005: 1:18:45 Jot Condit
2004 Pace: 28:41 2004: 1:12:03 Eric Heiden, MD
2003 Pace: 35:10 2003: 1:18:48 Ron Suter

Paddler: Frank Whittaker
Vice President, Operations,
The McClatchy Company

45:02 1:56:35
2007 Pace: 42:33 2007: 1:52:45 Bob Hanna
2006 Pace: 42:32 2006: 2:04:37 Meredith Wharton
2005 Pace: 41:08 2005: 2:02:37 Bob Hanna
2004 Pace: 49:34 2004: 2:02:37 Eppie Johnson
2003 Pace: 47:34 2003: 2:06:50 Eppie Johnson
2002: 2:13:55

Ironwoman: Lelani Alves
Manufacturer's Representative for Raley's/Bel Air and Nob Hill Markets

2007—Deirdre Fitzpatrick
2006—Jennifer Whitney
2005—Lynne Ruddell
2004—Jennifer Whitney
2003—Deirdre Fitzpatrick

Run 51:12 **Bike** 37:51 1:29:03
2007 Pace: 45:39 2007 Pace: 43:17 2007: 1:28:55
2006 Pace: 46:39 2006 Pace: 40:58 2006: 1:27:38
2005 Pace: 53:21 2005 Pace: 37:16 2005: 1:30:45
2004 Pace: 49:02 2004 Pace: 42:38 2004: 1:31:40
2003 Pace: 48:19 2003 Pace: 40:05 2003: 1:28:24

Paddle 52:45 2:21:49
2007 Pace: 58:18 2007: 2:27:13 Deirdre
2006 Pace: 52:19 2006: 2:19:56 Jennifer
2005 Pace: 43:16 2005: 2:14:00 Lynne
2004 Pace: 48:49 2004: 2:20:29 Jennifer
2003 Pace: 50:49 2003: 2:19:13 Deirdre
2002: 2:21:44

Ironman: Brian Hickey
General Assignment Reporter for KCRA 3 News

2007—Rick Braziel
2006—Jon Thomas
2005—Pat Hambright
2004—Jeff Holden
2003—Charlie Willard

Run 47:29 **Bike** 34:19 1:21:47 **Paddle** 47:14 2:09:00
2007 Pace: 41:59 2007 Pace: 32:42 2007: 1:14:42 2007 Pace: 47:31 2007: 2:02:12 Rick
2006 Pace: 46:46 2006 Pace: 38:42 2006: 1:25:38 2006 Pace: 44:36 2006: 2:10:14 Jon
2005 Pace: 39:15 2005 Pace: 32:16 2005: 1:11:26 2005 Pace: 50:11 2005: 2:01:04 Pat
2004 Pace: 45:44 2004 Pace: 33:17 2004: 1:19:01 2004 Pace: 49:39 2004: 2:08:31 Jeff
2003 Pace: 49:35 2003 Pace: 37:12 2003: 1:26:47 2003 Pace: 42:38 2003: 2:09:24 Charlie
2002: 2:18:30