



Sacramento County Therapeutic Recreation Services

Since 1975

Our goal is for each individual to attain his or her highest level of leisure independence



• For individuals ages 5 - adult with mental, physical, developmental, emotional and sensory impairments or special needs.

• • • → Training is provided in leisure, social, community & independent living skills, such as:
Making choices . Learning new leisure skills
Structuring leisure time . Money Skills
Identifying/utilizing community resources
Using public transportation . Conversational skills . Etiquette

• TRS thanks all of the sponsors, participants & volunteers of Eppie's Great Race® for your generous support!!!



Programs & Services offered include: ← • • • • •

- Social Clubs . Travel . Sports & Fitness . Classes
- Special Events . Cultural/Community Outings
- Outdoor Adventures . Community Outreach
- Vocational Training . Volunteer Opportunities
- Therapeutic Recreation Internships

Information & Referral . Contract Services to other agencies



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Florin East Grammar School

home of *Eppie G. Johnson Therapeutic Recreation Center*

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